



2022 SLSFNC INTERBRANCH TEAM SELECTION TRIAL

- Attention:** Club Presidents, Club Secretaries, Surf Sports Directors, Club Competition Officers, Coaches.
- Action:** The Branch will be holding an **Interbranch Team Selection Trial Activity** to assist with the final selection of the 2022 FNC Interbranch Representative Team to compete at the SLSNSW Interbranch Championships at Shelley Beach SLSC, on 3rd and 4th December 2022.
- Location:** Cudgen Headland SLSC
- Date:** Saturday 8 October 2022
- Timings:** 8.30am-11.00am
- Nominations:** The Closing date for Team Nomination forms is 5pm on Sunday 16th October 2022 (see nomination form attached)
- Contact:** Adam Mills, Team Manager, SLSFNC
ammills@ghd.com.au
Mobile: 0417468840
- Conditions:** The activity will be delivered as an informal training session under the guidance of the Team Coaching staff.

Eligibility Requirements	<p>All branch athletes.</p> <ul style="list-style-type: none">• Must have submitted a Team Nomination Form to the Team Manager by 16th October 2022 (forms can be submitted on the day of the trial)• Must be proficient to the relative SLSC Award for their age group.• Must be current financial members of their respective surf club.• All U14 competitors must have completed the SRC Course by the 3rd Dec.• Have satisfied their clubs patrol requirements. (Refer to SLSC Policy 5.04 "Proficiency and Patrol Hour Requirements for Competition Eligibility").
Registering for the Activity	<ul style="list-style-type: none">• Nominees and their parents/coaches will gather in the multi-purpose space or on the grass located on the ground floor on the ocean side of the Cudgen Headland surf club (see map attached).• Participates in the trial must register in the multipurpose space (access via the carpark or off the grass on the ocean side of the club)• Athletes and essential persons will be provided with a coloured wrist band for entry to the training area defined on the beach. All other persons will be required to stay out of the training area for the duration of the activity.• After a short 5min brief on the purpose of the activity and how it will be run the athletes will move together with their equipment to the training area with the Interbranch Team coaches.

The Activity	<ul style="list-style-type: none"> • Each group will participate in an informal training activity <ul style="list-style-type: none"> ○ <u>Water activities</u> for each age group may consist of two surf races, two board races and two ski paddles for Youth and Open) ○ <u>Beach activities</u> may consist of two sprint races and a flags training activity. • There is no requirement for athletes to participate in all activities it is up to the individual to select what activities that they would like to participate in once inside the training area. • The beach activities will be conducted after the water activities have finished to allow those athletes that would like to trial for both water and beach with an opportunity to do so.
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TEAM COMPOSITION

The team composition is as follows:

- Age Team: U12, U13, U14 & U15 Age Groups (3 female & 3 male competitors per Age group)
- Youth Team: U17 (4 female and 4 male competitors per age group)
- Open Team: U19 & Open (4 female and 4 male competitors per age group)

THE SELECTION PROCESS

Athletes will be selected by the SLSFNC Selection Committee using the guidelines outlined in the FNC Interbranch Team Selection Policy.

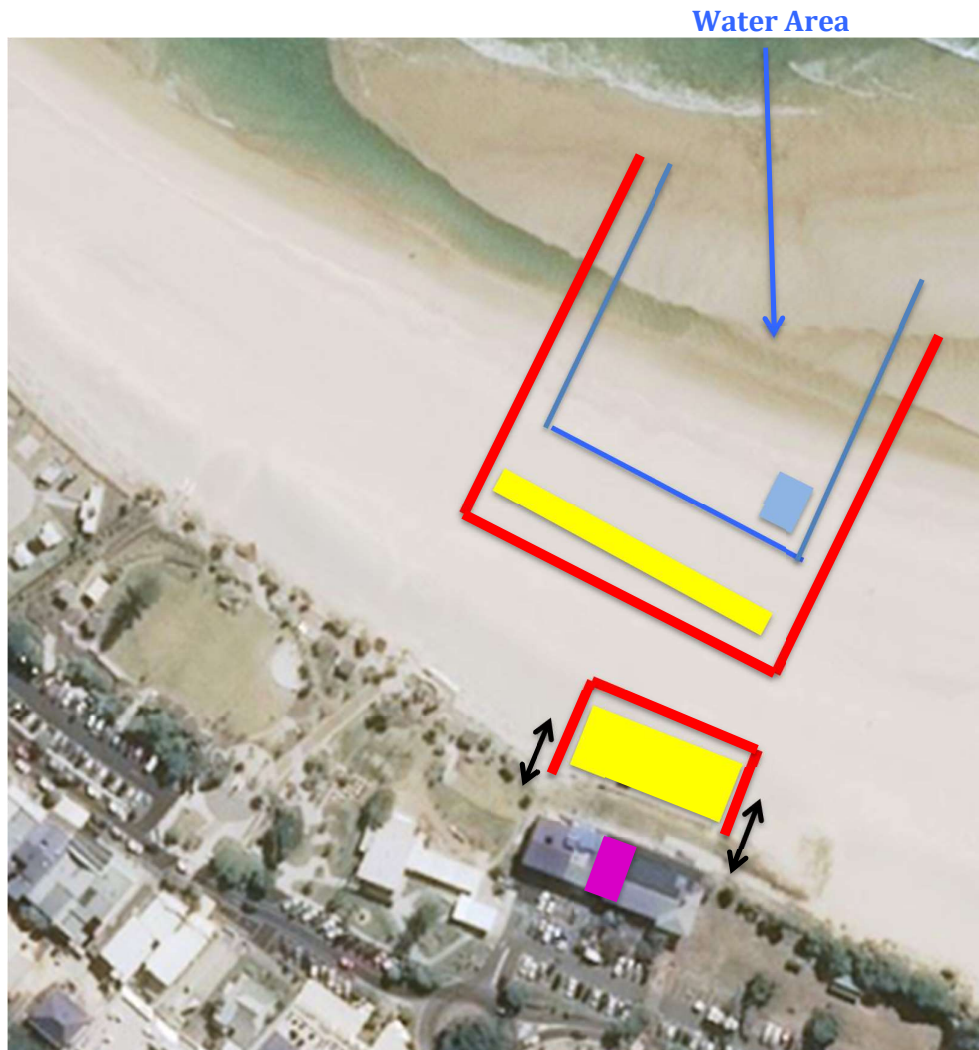
- The objective of the SLSFNC Selection Committee is to select the best possible Branch Representative Team from the available pool of eligible branch athletes.
- The Selectors, in accordance with the SLSFNC Interbranch Selection Policy, will consider an athlete's performance from season 2021/22, the availability of the athlete and your Club Coach's advice about the suitability of an athlete for selection.
- This trial is an important tool for the selectors to be able to view whether a particular athlete who may have already been identified for possible selection from last year's results has returned to the sport, whether they have been able to maintain their fitness during the winter period, whether they have transitioned into the next age group effectively and it will also enable athletes to test themselves against the other athletes that have nominated in their age group.

Note: It is anticipated that successful Athletes will be notified by 23 October at the U12-Open carnival and that the Team will be posted on the branch website and facebook site shortly after being announced. Unsuccessful athletes will not be contacted.

FURTHER INFORMATION

For further information regarding the application process, please contact Adam Mills on 0417468840. An information pack providing details on the conduct of the event, travel and accommodation arrangements will be provided to the successful team members.

**ACTIVITY MAP FOR
2022 FNC INTERBRANCH TEAM SELECTION TRIAL
CUDGEN -HEADLAND SLSC - 8 OCT 2022**



LEGEND for AREAS

CHECKIN & MARSHALLING AREA- GRD FLOOR OF THE CLUB

BLACK ARROWS - ENTRY / EXIT TO THE TRAINING AREA

BEACH AREA - SPRINT & FLAG AREAS

WATER AREA

ATHLETE ONLY ZONES